CASE SERIES

RECONSTRUCTION METHODS OF THE HEAD DEFECTS AFTER SKIN CANCER EXCISION – CASE SERIES

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ABSTRACT

Introduction. Cancer surgery often involves excisions that lead to important anatomical defects. The reconstruction methods following an ablative surgery for head skin cancer are unique and require special attention for both shape and function. Utilisation of split-thickness or full-thickness skin grafts is indicated for face regions with minimal motion.

Case presentations. We present four cases of skin cancer, who required a flap for the reconstruction of post-excision defects. The first case is of a 90-year-old male with a right preauricular squamous cell carcinoma. The remaining defect after tumour ablation was reconstructed with a full-thickness skin graft harvested from the arm. The second case is of a 45-year-old male with a malignant melanoma of the scalp. The defect on the scalp was also covered with a skin graft. The third case is of a 51-year-old diabetic woman with left nasal skin cell carcinoma. The defect left after excision was reconstructed with a nasolabial flap and a free cartilage graft harvested from the concha. The fourth case is of a 65-year-old male with a basal cell carcinoma of

RÉSUMÉ

Méthodes de reconstruction des défauts de la tête après excision du cancer de la peau – série de cas

Introduction. La chirurgie du cancer implique souvent des excisions qui conduisent à des défauts anatomiques remarquables. Les méthodes de reconstruction suite à une chirurgie ablative pour un cancer de la peau de la tête sont uniques et nécessitent une attention particulière, tant pour la forme que pour la fonction. L'utilisation de greffes de peau d'épaisseur fractionnée ou peu pleine épaisseur est indiquée pour les parties du visage avec un mouvement minimal.

Présentations de cas. Nous présentons quatre cas de cancer de la peau nécessitant un lambeau pour la reconstruction des défauts post-excision. Le premier cas est celui d'un homme de 90 ans atteint d'un carcinome épidermoïde préauriculaire droit. L'ablation de la masse tumorale cutanée pré-auriculaire droite a été réalisée et le défaut restant a été reconstruit avec une greffe de peau pleine épaisseur prélevée du bras. Le deuxième cas est d'un patient de 45 ans avec un

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the nose. The aesthetic result at a distance, after nasolabial flap reconstruction, was very good.

Conclusions. The nasolabial flap is reliable, plastic and perfectly suited to the one-step reconstruction of fascio-cutaneous material losses. Age does not affect the graft viability, but control of comorbidities, such as diabetes, are extremely important when using cartilaginous grafts.

Keywords: flaps, skin graft, skin cancer.

List of abbreviations:

BCC – basal cell carcinoma

SCC – squamous cell carcinoma

INTRODUCTION

Cancer surgery often involves excisions that lead to important anatomical defects. Surgical interventions of the head and neck have a major psychosocial impact. Therefore, the reconstruction methods following an ablative surgery for head and neck cancer are unique and require special attention for both shape and function.

Basal cell carcinoma (BCC) is the most frequent skin cancer and is characterized by slow growth, even if it can be locally invasive, and metastasis rarely occur. The gold standard of treatment is surgery, particularly for the “H” region of the face and infiltrative lesions¹. Squamous cell carcinoma (SCC) is the second most common type of skin cancer, with a poor prognosis, especially if it invades the lymph nodes and adjacent vital structures. Surgical excision and Mohs micrographic surgery are the primary treatment options². Most head and neck melanomas (70–90%) occur on the face, the cheek being the most common site. Malignant melanomas of the neck (7%) and scalp (3%) are much less frequent³. Excisional margins for melanoma depend on the thickness of the tumour (Breslow). The scalp lesions should be excised to the level of the periosteum⁴.

Utilisation of split-thickness or full-thickness skin grafts is indicated to the parts of the face with minimal motion, such as the tip or lateral part of the nose or the temple. Also, the parotid region can be reconstructed with a skin graft⁵. Split-thickness grafts are harvested with the aid of a dermatome. Full-thickness skin grafts include sections of the epidermis and entire dermis. These grafts have a

mélanome malin du cuir chevelu. Le défaut du cuir chevelu a également été recouvert d'une greffe de peau. Le troisième cas est celui d'une femme diabétique de 51 ans, atteinte d'un carcinome cutané nasal gauche. Le défaut laissé après l'excision a été reconstruit avec un lambeau nasolabial et une greffe de cartilage libre prélevée du conque. Le quatrième cas est celui d'un homme de 65 ans atteint d'un carcinome basocellulaire du nez. Le résultat esthétique à distance, après reconstruction par lambeau nasogénien, était très bon.

Conclusions. Le lambeau nasolabial est fiable, plastique et parfaitement adapté à la reconstruction en une étape des pertes de matière fascio-cutanée. L'âge n'affecte pas la viabilité du greffon, mais le contrôle des comorbidités, telles que le diabète, est extrêmement important lors de l'utilisation de greffes cartilagineuses.

Mots-clés: lambeaux, greffe de peau, cancer de la peau.

thickness of around 1mm. For its nutrition, the dermis must be in contact with the recipient site, so subcutaneous fat should not be left on the undersurface of the graft and must be carefully removed.

The rotation flap is the most commonly used type of flap. A condition needed for its use is that the skin in the donor area must be sufficiently mobile to be able to cover the secondary defect. If the base of the flap is too narrow, there is an increased risk of flap necrosis⁶.

CASES PRESENTATION

We present four cases of skin cancer, who required a flap for the reconstruction of post-excision defects. The patients were treated in the Otorhinolaryngology Department of the Coltea Clinical Hospital, Bucharest (Romania), between 2019-2021.

Patients' demographic data were collected, and the outcomes measured included flap survival and complications. A prospectively maintained tumour board database, electronic medical records including case records, surgical details, and follow-up data were studied. Postoperative functional and oncological outcome were also analysed.

All patients signed an informed consent.

Case 1

A 90-year-old male patient, diagnosed with a right preauricular SCC seven months before, with a progressive increase in size during the last two years, has presented to our clinic. He followed 30 sessions of radiotherapy, the last four months before the presentation

Figure 1. Right preauricular tumour mass

Figure 2. Skin graft

Figure 3. Donor region from the arm – one month after surgery

Figure 4. Skin graft 2 weeks after surgery

Figure 5. Donor wound healed – 8 months after surgery

Figure 6. Viable graft with local recurrence – 8 months after surgery

in our clinic. The patient's past medical history includes polycythemia vera, treated with hydroxycarbamide, arterial hypertension and an ischemic stroke.

The clinical examination of the head and neck revealed a right preauricular vegetative and ulcerated tumour mass, about 3/5 cm in size, with areas of necrosis, adherence to deep plans, which came in contact with the pavilion of the left ear (Figure 1). The right external auditory canal was collapsed and sero-mucous secretions flowed from it. Methicillin-resistant *Staphylococcus aureus* and *Acinetobacter baumannii* were isolated from the ear secretion. Antibiotic therapy guided by antibiogram was initiated. The imaging examinations did not describe lymph node metastasis.

The ablation of the right preauricular skin tumour mass was performed, along with a superficial parotidectomy, and the remaining defect was

reconstructed with a full-thickness skin graft harvested from the arm. The postoperative histopathological examination revealed infiltration of the deep resection margin at the parotid level. Figure 2 shows the skin graft anchored with a discontinuous suture and the crusting, made to provide the drainage of serous secretion from beneath the graft. The long wires were used to anchor the tie-over compression bandage, that was held in his position for five days. Nitroglycerin spray was applied daily on the skin graft, after the tie-over bandage was removed. Figure 4 presents the well-coloured and textured skin graft two weeks after surgery. The arm wound was allowed to granulate (Figure 5). The dressing at this level was made with betadine solution and antibiotic ointment and was changed every two days. The evolution of the flap was favourable, but the patient developed a local recurrence, 8 months after surgery (Figure 6).

Figure 7. Melanoma of the scalp

Figure 8. Dissection up to the periosteum

Figure 9. The surgical defect

Case 2

The second case is of a 45-year-old male patient, who initially presented to the hospital for left latero-cervical lymphadenopathy. The patient's past medical history includes type 2 diabetes.

A left selective neck dissection was performed and the extemporaneous biopsy revealed an undifferentiated SCC metastasis of the lymph nodes. The immunohistochemical examination established the final diagnosis of melanoma lymph node metastasis. After a thorough inspection of the whole body, a left parietal scalp nodule was found (Figure 7), measuring 3x2 cm, approximately 1.5 cm in height and 1 cm in thickness. The scalp was shaved to expose the area to be excised. A circumferentially incision was made in the scalp, with a safety margin of 1 cm on each side of the lesion. The dissection was made until the plane between the galea aponeurotica and the periosteum of the skull was reached (Figure 8).

The surgical defect shows the periosteum of the scalp, which will be the bed to receive a full-thickness skin graft (Figure 9). The skin graft was harvested from the left arm (Figure 10).

The skin graft was sutured with continuous interlocking absorbable suture material (Figure 11).

Figure 10. Harvest of the skin graft

Several buttonholes were made in the center of the graft, to facilitate the drainage of serous material from beneath the graft (Figure 12). The skin graft was apposed against the periosteum with a pressure dressing secured by silk sutures taken at the periphery of the surgical defect, and tied over the dressing (Figure 13). The tie-over bandage was removed after five days (Figure 14).

The appearance of the skin graft three weeks after surgery is shown in Figure 15. The graft has healed well and adequate graft coloration can be observed.

Case 3

A 51-year-old female patient, known with arterial hypertension and type 2 diabetes, presented with a friable tumour over left ala of nose since two years, gradually progressive. On local examination, the lesion was 2x1 cm, firm, black, slightly tender, and bled on touch (Figure 16). No palpable lymph nodes on clinical examination. The histopathology report revealed a BCC.

Figure 11. Skin graft sutured with continuous interlocking sutures

Figure 12. Buttonholes and peripherals silk sutures

Figure 13. Tie-over dressing

Figure 14. Skin graft after removing the compressive dressing – five days after surgery

The plan of surgical excision requiring a through-and-through resection of the ala of the nose, including the underlying mucosa, and a proposed nasolabial flap for reconstruction of the surgical defect, that would provide external and inner lining, is shown in Figure 17. The defect remaining after excision is shown in Figure 18. A free cartilage graft harvested from the ear was used to restore the structural support (Figures 19 and 20). The donor site defect was closed primarily by appropriate mobilization and the nasolabial flap was sutured with a discontinuous suture (Figure 21).

The oncological result was good, but because of neglected diabetes mellitus the patient developed a cartilaginous graft necrosis, which compromised the shape of the nose. In Figure 22 it is shown the result three months after surgery, with asymmetry of the left nostril after losing the cartilaginous graft.

Figure 15. Skin graft - three weeks after surgery

Figure 16. Basal cell carcinoma of the nose

Figure 17. Drawing the nasolabial flap

Figure 18. Partial absence of alar cartilage after excision

Figure 19. Harvesting the cartilage from the concha

Figure 20. Harvesting the cartilage from the concha

Figure 21. Nasolabial flap and donor site sutured

Figure 22. Three months after surgery

Case 4

A 65-year-old male with arterial hypertension presented for the appearance of a lesion on the tip of the nose, one year before, which gradually increased in size. The histopathology report revealed a BCC. Both alar

cartilages and the dorsal portion of the septum were visualized after the excision of the lesion (Figure 23). The remaining defect was reconstructed with a nasolabial flap (Figure 24). Several months after surgery, an excellent cosmetic result was obtained (Figure 25).

Figure 23. Alar cartilages and septum

Figure 24. Alar cartilages and septum

Figure 25. Excellent cosmetic result – one year after surgery

DISCUSSION

The goal of reconstructing a loss of substance in the face is to allow the most natural restoration possible, by replacing each tissue with its best equivalent. All patients had their sutures removed at ten days. In the third case, of the woman with uncontrolled diabetes, a dehiscence of the wound at the donor site appeared during the first days, after the sutures were removed.

Full-thickness skin grafts are ideal for visible areas of the face, inaccessible by local flaps, or when local flaps are contraindicated. They retain more characteristics of the normal skin, including colour, texture, and thickness, when compared with split-thickness grafts. Full-thickness grafts also undergo less contraction while healing. Revascularization of the graft begins 2-3 days postgrafting. Contraction of the skin graft begins shortly after initial wounding, progressing slowly over 6-18 months following grafting. To prevent hyperpigmentation, the graft should be protected from direct sunlight for at least six months. Full-thickness grafts may be harvested from the upper eyelid, nasolabial fold, preauricular and postauricular regions, and supraclavicular fossa⁷. In the cases presented, a larger area of skin was needed to cover the remaining defects, so the elbow crease was used. There was a good vascularization of the graft after removing the tie-over dressing. Vascularization was subsequently increased by the use of nitroglycerin spray. Coto-Segura et al. show that the spray is more effective when used every six hours and could enhance the survival of skin grafts and flaps that show signs of injury, or as prevention in high-risk patients, such as smokers or patients with diabetes⁸.

Reconstructing the nose is an aesthetic challenge due to the alternating concave and convex surfaces, which are divided into subunits and separated by depressions and elevations of the skin. For defects involving the nasal cartilage, the restoration of the

nasal framework is crucial for maintaining nasal projection. In these cases, autologous transfer of septal, auricular, or costal cartilage should be performed⁹.

The nasolabial flap is a musculo-cutaneous flap pedicled over the facial artery. The flap extends from the canthus to the lower part of the nasolabial fold¹⁰. The nasolabial folded flap can be used to reconstruct a loss of transfixing substance from the nasal wing¹¹. The cartilage used to replace the ala is mainly carried out at the level of the concha, due to easier access and its naturally convex shape which recreates the curvature of the nostril¹². In our cases, the shape of the nose has been very well redefined with this type of flap.

In the third case, in whom the auricular cartilage was necessary for reconstruction, the necrosis of the cartilage led to the loss of the structural support of the flap, with deformation of the left nostril over time. The free cartilage must be sutured to the vascularized lining of the nose and covered with a vascularized flap for external cover, like in our case the folded nasolabial flap. To ensure survival, the vascularized tissue should nourish both sides of the cartilage. Failure to adequately repair or reconstruct the internal nasal lining may lead to graft necrosis¹³.

Metastatic cutaneous SCC of the parotid gland is an aggressive neoplasm that requires combination therapy. The presence of a lesion larger than 6 cm or facial nerve involvement are associated with a poor prognosis¹⁴. There is no consensus regarding the definition of acceptable surgical margins for SCC¹⁵. The studies made by Hinerman and Iyer show that postoperative radiotherapy decreases the rate of recurrence in patients with infiltrated resection margins^{16,17}. Another study suggests that the resection of positive margins in metastatic cutaneous SCC of the parotid gland may not be necessary, and the radiation therapy is the main treatment for positive margins¹⁸. Although the postoperative histopathological examination revealed infiltration of the deep resection margin at the parotid level in our first case, radiotherapy

could not be performed, because the patient had received the maximum allowed dose, preoperatively. To date, surgery is still considered as the gold standard therapeutic approach of invasive cutaneous SCC¹⁹.

CONCLUSIONS

The main objective of the treatment of head skin cancers is the elimination of the tumour with maximal preservation of physical appearance and function. The nasolabial flap is reliable, very plastic and perfectly suited for the one-step reconstruction of fascio-cutaneous material losses. The age does not influence the graft viability, but comorbidities such as diabetes may have an impact on the outcome, when using cartilaginous grafts.

Author Contributions:

R.G., S.B., C.S.A., G.M., A.C. and M.C.C. were responsible for the diagnostic procedures, clinical diagnosis, and treatment decisions and R.G. performed the surgery. A.C. and P.P.B. wrote the manuscript. All authors have read and agreed to the published version of the manuscript.

Compliance with Ethics Requirements:

"The authors declare no conflict of interest regarding this article"

"The authors declare that all the procedures and experiments of this study respect the ethical standards in the Helsinki Declaration of 1975, as revised in 2008(5), as well as the national law. Informed consent was obtained from the patients included in the study"

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